

SPIROTHRIX SCHENCHII

- It is the causative agent of sporotrichosis (a chronic, pyogenic, granulomatous infection of skin)
- It is a dimorphic fungus found in soil & on plant materials.
- Dimorphism: two phases, a mould phase at 25-30C and the yeast phase at 37C.

Epidemiology

- Sporotrichosis can be detected in most humid and warm countries.
- *Spirothrix schenckii* may be introduced through wounds due to wood splinter or minor trauma.
- Gardeners and florists are often exposed for infection with *S. schenckii*

Clinical Diagnosis

- Spirotrichosis usually appear as a nodular ulcerating disease of the skin and subcutaneous tissues.
- Lesion starts on the hand and then extend up to the arm.
- Primary lesion may remain localize or disseminate to involve the bones, joints lungs and rarely the central nervous system.
- Immunosuppressed patients are most likely affected.

7–10 days on Sabouraud agar or blood agar at 25–30°C. The yeast phase develops in 2 days at 37°C. Identification depends on the micromorphology of the mould phase and its conversion to the yeast phase at 37°C.

Treatment

Prolonged therapy is usually required. For the lymphocutaneous form, treatment with potassium iodide or itraconazole is satisfactory. In disseminated disease intravenous amphotericin B is required.

OTHER SUBCUTANEOUS MYCOSES

Phaeohyphomycosis is a general term used to describe lesions caused by any brown pigmented fungus.

Lab. Diagnosis

- Moist swabs from ulcerated lesion or pus which aspirated from subcutaneous nodules and biopsy specimens can be used for culture to isolate the organism.
- The mycelial phase develops within 7-10 day on Sabouraud or blood agar at 25-30 C
- Direct microscopic examination is of a little value.

Treatment

- In localized infections(Lymphocutaneous forms), potassium iodide or itraconazole is satisfactory.
- In disseminated disease : intravenous amphotricin B is required.
- In both cases, a prolong treatment is required.

HISTOPLASMA CAPSULATUM

- A dimorphic fungus found in soil contaminated with dropping of birds & bats.
- Dimorphism: two phases, a mould phase at 25-30C and the yeast phase at 37C on media supplied with cysteine.
- ***H. Capsulatum var. capsulatum and var duboisii*** mould colonies have a septate mycelia which consist of spores either macroconidia (almost predominant) and microconidia of 2-4 um in diameter.

Epidemiology

- Infection results from the inhalation of spores .
- Incubation period is 1-3 weeks.
- Longer & more intense exposure usually result in more severe pulmonary disease.
- The most serious disseminated forms of the disease are more common among persons with HIV infection, transplant recipients & those receiving immunosuppressive treatment.

Clinical Diagnosis

- Higher levels of exposure result in an acute severe flu-like illness, with fever, chills, non-productive cough and fatigue.
- The symptoms usually disappear within few weeks leaving discrete & calcified lesions in the lung.
- **Acute histoplasmosis is fatal if left untreated.**
- Hepatic infection & adrenal gland destruction are the **frequent problems among the infected HIV persons.**

Clinical Diagnosis(cont.)

- Mucosal ulcers are found in more than 60% of HIV patients and central nervous disease occurs in 5-20% of patients.
- The clinical features of *H. capsulatum* var. *capsulatum* is differ from var *duboisii* infection where the skin and bones are affected.
- While widespread infection which affect the liver and spleen is fatal within weeks or months if left untreated.

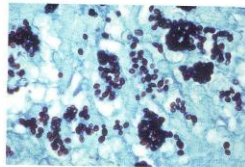


Fig. 60.13 Microscopical appearance of *Histoplasma capsulatum* yeast cells in tissue.

ulcers are found in more than 60% of these patients; central nervous system disease occurs in 5–20% of patients.

The clinical features of *H. capsulatum* var. *deboltii* infection differ from those of var. *capsulatum* infection. The illness is indolent in onset and the predominant sites affected are the skin and bones. Those with more widespread infection involving the liver, spleen and other organs have a febrile wasting illness that is fatal within weeks or months if left untreated.

Laboratory diagnosis

Microscopy of smears of sputum or pus should be stained by the Wright or Giemsa procedure. Blood smears may be positive for *H. capsulatum*, especially in persons with AIDS. Liver or lung biopsies stained with periodic acid-Schiff or Grocott-Gomori methenamine-silver may provide a rapid diagnosis of disseminated histoplasmosis in some patients. *H. capsulatum* is seen as small, oval yeast cells, often within macrophages or monocytes (Fig. 60.13).

Spectrum should be stained with Grocott-Gomori methenamine-silver.

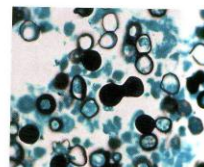


Fig. 60.14 Microscopical appearance of *Blastomyces dermatitidis* yeast cells in tissue, showing bread-crumbs building.

useful in disseminated histoplasmosis but are not available.

Treatment

Intravenous amphotericin B is recommended for the most severe forms of disseminated histoplasmosis. Itraconazole is widely used in non-immunocompromised patients with milder forms of disseminated disease for the continuation of treatment in those who responded to amphotericin B.

BLASTOMYCOSIS

This disease is caused by *B. dermatitidis*, a soil-inhabiting fungus. The largest number of blastomycosis has been reported from North America; the disease is also endemic in Africa, Asia, Europe and South America. In the USA, the majority of cases occur in the states surrounding the Mississippi River.

Lab. Diagnosis

- Sputum or pus can be examined under the microscope after being stained with Giemsa procedure.
- Blood smear may be positive for *H. capsulatum* in AIDS persons.
- Liver or lung biopsies can provide a rapid diagnosis of histoplasmosis in some patients if stained with periodic acid-Schiff.

Lb. Diagnosis(cont.)

- Macro- & Micro-conidia of the growing culture of the *H. capsulatum* on Sabouraud agar at 25-30C.
- At 37C yeast culture may not be used for primary isolation.
- Mould culture of *H. capsulatum* is a hazard to laboratory staff. Hence screw-capped slopes rather than Petri dishes
- Should be used for isolation.
- Tests for antigen detection in urine by ELISA are useful but are not widely available.

ological tests play an important part in diagnosis. Precipitin test is most useful for detection of early infection or exacerbation of existing disease; antibodies appear 1–3 weeks after infection but are not detectable after 2–6 months, or in patients with disseminated coccidioidomycosis. The latex agglutination test gives similar results to the precipitin test, but is less specific. Complement-fixing antibodies appear 1–3 months after infection and persist for long periods in individuals with chronic or disseminated disease. In most cases the titre is proportional to the duration of infection; failure of the titre to fall during the course of disseminated coccidioidomycosis is an important sign.

Treatment

The traditional standard of treatment is intravenous amphotericin B, but oral fluconazole is now used to treat many patients with skin, soft tissue, bone or joint infections. Fluconazole is also effective, but less well tolerated. Voriconazole is so much more benign than amphotericin B, it is now the drug of choice for coccidioidal meningitis.

HISTOPLASMOSES

Histoplasmosis is caused by *H. capsulatum*, a dimorphic fungus found in soil enriched with the droppings of birds. Histoplasmosis is the most common endemic mycosis in North America, but also occurs throughout Central and South America. In the USA, the disease is prevalent in states surrounding the Mississippi and Ohio rivers. Other endemic regions include parts of Australia, India and Malaysia. *H. capsulatum* var. *capsulatum* is restricted to the continent of Africa.

H. capsulatum var. *capsulatum* grows in soil and in animal tissues. The small oval yeast phase cells (2–4 µm in diameter) can also be produced in vitro by culture on blood agar or other enriched media containing yeast. In culture the mould colonies are fluffy, white to brown; the mycelium is septate and two types of asexual spores are usually produced: large, thick-walled, tuberculate macroconidia (8–15 µm in diameter) that are prominent and are diagnostic, but smaller, elliptical, smooth-walled microconidia (2–4 µm in diameter) are also present in primary isolates (Fig. 60.12). *H. capsulatum* var. *duboisii* is morphologically identical to *H. capsulatum* var. *capsulatum* in its mycelial phase, but the yeast phase has larger cells (10–15 µm in diameter).

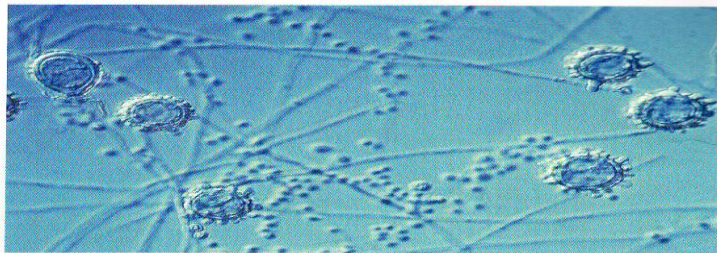


Fig. 60.12 Microscopic appearance of *Histoplasma capsulatum* microconidia and macroconidia.

Epidemiology

Infection results from the inhalation of spores; the incubation period is 1–3 weeks. The major risk factor is environmental exposure; longer and more intense exposures usually result in more severe pulmonary disease. Most reported outbreaks have been associated with exposures to sites contaminated with *H. capsulatum* or have followed activities that disturbed accumulations of bird or bat guano, such as building demolition, soil excavation and caving.

The most serious disseminated forms of the disease are more common among individuals with underlying cell-mediated immunological deficiencies, such as persons with HIV infection, transplant recipients, and those receiving immunosuppressive treatments.

Clinical features

There is a wide spectrum of disease, ranging from a transient pulmonary infection that subsides without treatment, to chronic pulmonary infection, or to more widespread disseminated disease. Many healthy individuals develop no symptoms when exposed to *H. capsulatum* in an endemic setting. Higher levels of exposure result in an acute symptomatic and often severe flu-like illness, with fever, chills, non-productive cough and fatigue. The symptoms usually disappear within a few weeks, but patients are frequently left with discrete, calcified lesions in the lung.

Disseminated histoplasmosis may range from an acute illness that is fatal within a few weeks if left untreated (often seen in infants, persons with AIDS and solid-organ transplant recipients) to an indolent, chronic illness that can affect a wide range of sites. Hepatic infection is the most common extrapulmonary site of dissemination.

TREATMENT

- Most severe forms of disseminated histoplasmosis are treated with intravenous injection of AMPHOTERICIN.
- Itraconazole is widely used for treatment of non-immunocompromised patients with milder forms of disseminated disease.